

## Please Pray

- ✳ **Summer Gospel Outreach and Bibles Distribution (locally, Eastern Canada gospel trips, and Poland):** (1) Let us prepare the ground of the hearts of the people by many prayers, for the harvest to be ready at the time when we go out for gospel outreach and Bible distributions; (2) Let us beseech the Lord of the harvest to thrust out workers to reap the harvest; (3) Pray that the ones that we come in contact with be interested to meet with us, join the Bible studies, home meetings, personal appointments and activities; (4) May the Lord show us how to shepherd these ones; (5) May He give us key ones on the campuses and in the community; (6) May they become remaining fruit.
- ✳ **2022 Summer Video and Live Training (July 5-14):** May the saints attending have ears to hear, be poor in spirit and a heart to receive the Lord's fresh and up-to-date speaking; may the Lord release what is on His heart through the speaking brothers; may the Lord gain what He is after in this training.
- ✳ **The Situation Between Russia and Ukraine and the Situation in Europe:** (1) The saints in Russia and Ukraine will be kept in the oneness of the Body and the reality of the new man, where Christ is all the members and in all the members. (2) The shipment of Russian New Testament Recovery Versions that are held up in customs would be released and distributed among the refugees in Europe. (3) The Lord will use the shepherding gospel trips to Warsaw and Krakow, Poland, in June and July to bring many newly saved refugees into the church life, where they can be perfected to be living and functioning members for the building up of the Body. (4) The tripartite being of the saints in the besieged cities will be protected and preserved for the Lord's interests. (5) The Ukrainian families that have been separated by the war will eventually be reunited for God's economy. (6) The spiritual forces that seek to destroy the Lord's interests will be shattered, and God's move in His economy will advance.
- ✳ **The Burden for Migration to Six European Cities:** Please pray for the migration of burdened saints to these six designated European cities: Barcelona, Brussels, Dublin, Lisbon, Rome, and Zurich.
- ✳ **The Lord's Move in Asia:** (1) Azerbaijan: Pray for the distribution of the new Azerbaijani and Russian literature to find fertile ground, take root, and bear fruit. (2) India: Pray for the new term of Full Time Training New Delhi which starts on July 18, that the Lord would release 20 new trainees this coming term.
- ✳ **Pray for the various local needs in Montréal:** the saints, their contacts, and the persons who need care and shepherding.

## Weekly Readings

- ✳ Holy Bible Recovery Version with footnotes: Eph 4:11-5:33.
- ✳ HWMR: Crystallization-Study of Joshua, Judges, Ruth, Vol. 1, Week 5.

## Announcements

- ✳ The Eastern Canada Teacher's Training will be held on July 2 on Zoom from 9am to 4:30pm. This training is for those serving at this year's Summer School of Truth and for any saints burdened for the next generation. For more details, please contact Aaron Chao.
- ✳ The Eastern Canada Summer School of Truth will be held from July 31 to August 5 at the Kitchener, Ontario Meeting Hall. The registration cost will be \$130, plus the gas cost of \$60, for a total of \$190 per person. The registration deadline is July 10. Please contact the YP serving ones for registration details.
- ✳ The July 2022 Semi-Annual Training will be held from July 4 to July 9 in Anaheim, California.
- ✳ Please consider your needs carefully before the Lord and provide us with your prayer burdens before Saturday of every week by sending an email to Allan Y., [allan.yeow81@gmail.com](mailto:allan.yeow81@gmail.com). Note that due to limited space on the newsletter, we may not be able to put all the prayer burdens that are sent to us. May the Lord teach us how to pray for the advancement of His Economy.

## Upcoming Events

- ✳ July 2, on Zoom: **The Eastern Canada Teacher's Training.**
- ✳ July 4-9, in Anaheim: **2022 Summer Semi-Annual Training.**
- ✳ July 31 to August 5, Kitchener, ON: **The Eastern Canada Summer School of Truth.**
- ✳ October 6-8, Anaheim: **International Training for Elders and Responsible Ones.**

*Please refer to the church's website where more events are listed.*

## This Week's Activities

<b>Sun-Jun-26 LORD'S DAY</b>	✳ 10am-12pm: Lord's Table and prophesying meetings.
<b>Mon-Jun-27</b>	✳
<b>Tue-Jun-28</b>	✳ 7:30-9pm: English, French, Chinese districts prayer by conference calls.
<b>Wed-Jun-29</b>	✳
<b>Thu-Jun-30</b>	✳
<b>Fri-Jul-01</b>	✳ 6:30-9pm: English, French, Chinese Districts Home Meetings in person and on Zoom.
<b>Sat-Jul-02</b>	✳ The Eastern Canada Teachers' Training, on Zoom.
<b>Sun-Jul-03 LORD'S DAY</b>	✳ 10am-12pm: Lord's Table and prophesying meetings.

## DELIVERANCE

Scripture Reading: Matt. 18:21-35, 15-20; Luke 17:3-5

### III. THE LAW OF THE SPIRIT OF LIFE FREEING US FROM THE LAW OF SIN

Romans 8:1-2 says, "There is now then no condemnation to those who are in Christ Jesus. For the law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death." The way to victory is to be freed from the law of sin and of death. This verse does not say, "The Spirit of life has freed me in Christ Jesus from sin and death." (I am afraid that many Christians think this way.) Rather, it says, "The law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death." Many Christians see the Spirit of life setting them free from only sin and death. They do not see the law of the Spirit of life freeing them from the law of sin and of death. It takes many years for some Christians to realize that sin and death are a law in them and that the Holy Spirit is another law in them. When the Lord opens their eyes, they will see that sin and death are a law and that the Holy Spirit is a law as well. The realization of the Holy Spirit as a law is a great discovery. When we realize that the life-giving Spirit is a law, we will jump up and exclaim, "Thank God, Hallelujah!" Man's will cannot overcome the law of sin, but the law of the Spirit of life has freed us from the law of sin and of death. Only the law of the Spirit of life can free man from the law of sin.

Once we realize that sin is a law, we will no longer try to do anything by our will. When God grants us mercy to see that the Holy Spirit is a law, we will experience a great change. Many people only see the Spirit of life giving us life. They do not see that the Holy Spirit is another law in us, and that we can be freed spontaneously from the law of sin and of death when we trust in this law. There is no effort involved for this law to deliver us from the other law. We do not need to will, to do anything, or to hold on to the Holy Spirit. We do not need to be that busy when the Lord's Spirit is in us. If we fear that the Lord's Spirit will not work in us unless we rush in to help Him in times of temptation, we have not seen the Spirit as a law within us yet. May we see that the Holy Spirit is a spontaneous law within us. The way of deliverance from sin is not through the exercise of the will. If we exercise our will, we will end up in failure. God has given us another law which spontaneously frees us from the law of sin and of death. The problem of one law can only be resolved by another law.

There is no effort involved when we try to overcome one law with another law. We have mentioned before that gravity is a law. It pulls every object down to the ground. But helium is a gas which is lighter than air. If we seal it in a tight balloon, the balloon will rise up. It will rise spontaneously; there is no need to fan it or support it by any force. As soon as we let go, the balloon will rise. The rising is a law, and we do not need to do anything about it. In the same way, no effort is involved when we deal with the law of sin and of death by the law of the Spirit of life.

Suppose someone scolds you or strikes you without cause. It is possible for you to overcome the situation even without realizing what has happened. After the whole thing is over, you may wonder how you did not get angry when you were scolded. You should have been very angry at the other person's word. But surprisingly you overcame the situation without even realizing it! Indeed, all victories are unconscious victories because the law of the Holy Spirit is operating and upholding us, not our own will. This kind of spontaneous victory is genuine victory. Once you experience this, you will realize that only the indwelling Spirit can keep you from sin; you do not have to will not to sin. It is also the indwelling Holy Spirit who is enabling you to overcome; you do not have to will to overcome. Since this law dwells in you, you are delivered from the law of sin and of death. You are in Christ Jesus, and the law of the Spirit of life is in you. Spontaneously, you are free. As long as you do not rely on your own will and effort, the Holy Spirit will bring you into victory.

Hence, victory over sin has nothing to do with our effort. We did not exert any effort when the law of sin directed us to sin. Similarly, we do not need to exert any effort in order for the law of the Holy Spirit to free us from sin. Genuine victory is one that requires no effort on our part. There is nothing for us to do. We can lift up our eyes and say to the Lord, "All is well." Our past failures were the result of a law and today's victories are also a result of a law. The former law is powerful, but the present law is more powerful. The former law is indeed potent in bringing us to sin, but the present law is more absolute in saving us from condemnation. When the law of the Spirit of life is expressed through us, its power is far greater than that of the law of sin and of death.

If we see this, we will truly be freed from sin. The Bible does not say that we can overcome sin with our will. It speaks only of freedom from sin: "The law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death." The law of the life-giving Spirit has pulled us out of the realm of the law of sin and of death. The law of sin and of death is still present, but the one on whom it worked is no longer there.

Every saved person should be clear about the way to deliverance. First, we must see that sin is a law in us. If we do not see this, we cannot go on. Second, we need to see that the will cannot overcome the law of sin. Third, we need to see that the Holy Spirit is a law, and this law frees us from the law of sin.

The sooner a new believer realizes this way of deliverance, the better it is. In fact, no one needs to wait for many years before seeing the way of deliverance. You do not need to suffer many hardships before experiencing freedom. Many brothers and sisters have wasted their time unnecessarily; they have shed many tears of defeat. If you want to experience less pain and tears, you should realize from the start that the way to deliverance lies in these words: "The law of the Spirit of life has freed me in Christ Jesus." This law is so perfect and powerful that it will save you to the uttermost; there is no need to do anything to help it. This law frees you from sin completely, sanctifies you wholly, and fills you with life spontaneously.

Brothers and sisters, do not think that the Holy Spirit within us only expresses His life through us occasionally. If we think this way, it proves that we only know the Spirit; we do not know the law of the Spirit. The law of the Spirit expresses His life continuously. It remains the same at all times and in all places. We do not have to tell this law to behave in a certain way; it behaves the way it does without our guidance. Once the Lord opens our eyes, we will see that the treasure within is not just the Holy Spirit or a life, but a law as well. Then we will be released, and the problem of sin will be over.

May God open our eyes to see this way of deliverance. May He open our eyes to see this secret to victory, and may we have a good start on this straight path.

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Note: The content is extracted from New Believers Series: #15, *Deliverance*, by Watchman Nee, published by Living Stream Ministry, available at <http://www.ministrybooks.org/alphabetical.cfm>.