

Please pray

- ✳ **Summer gospel outreach and Bibles distribution (Locally, Eastern Canada gospel trips, and Poland):** (1) Let us prepare the ground of the hearts of the people by many prayers, for the harvest to be ready at the time when we go out for gospel outreach and Bibles distribution; (2) Let us beseech the Lord of the harvest to thrust out workers to reap the harvest; (3) Pray that the ones that we come in contact be interested to meet with us, join the Bible studies, home meetings, personal appointments and activities; (4) May the Lord show us how to shepherd these ones; (5) May He give us key ones on the campuses and in the community; (6) May they become remaining fruit.
- ✳ **College training (June 20-24):** (1) May the college students and high school seniors' hearts be prepared as a good ground for the Lord to sow and grow and may their hearts be gained by the Lord more during this time; (2) May all the preparations be headed up in the Lord; (3) May the speaking brothers and the serving ones be strengthened in their tripartite being and may they be one with the Lord when they speak and serve; (4) May the Lord's burden be released and may He be dispensed into the students; (5) May His will be done in this time.
- ✳ **Pray for different service groups:** May we be encouraged to meet in person with proper sanitary measures; may all the service groups be recovered adequately according to the Lord's timing; may the Lord grant us the burden to serve the saints and the church; may the Lord cover all the saints and bless the assembly of the saints; may the meetings, the services and the blending times in person be fully recovered according to the Lord's timing.
- ✳ **University and Cégep students' summer break:** The university and Cégep students have entered into their summer break. May this summer be sanctified to the Lord. May this time be a time of recharging, resting, blending with the saints, reading and being constituted with the truth and growing in the Lord.
- ✳ **Situation between Russia and Ukraine and the situation in Europe:** (1) The shipment of Russian New Testament Recovery Versions that are held up in customs will be released and be distributed among the refugees in Europe. (2) The saints from abroad and the local saints serving on the current gospel trip (June 13-30) will be filled with the Spirit and will lead more of the Ukrainian refugees to receive Christ as God's rich salvation. (3) The newly saved refugees will be shepherded into the church life and become living members in the Body. (4) The tripartite being of the saints in the besieged cities will be protected and preserved for the Lord's interests. (5) The Ukrainian families that have been separated by the war will eventually be reunited for God's economy. (6) The spiritual forces that seek to destroy the Lord's interests will be shattered, and God's move in His economy will advance.
- ✳ **Pray for various local needs in Montréal:** saints, contacts, and those in need of care and shepherding.

Weekly Readings

- ✳ Holy Bible Recovery Version with footnotes: Prov 18:1 – 29:27.
- ✳ HWMR: Crystallization-Study of Joshua, Judges and Ruth, Week 3.

Announcements

- ✳ The Eastern Canada Teacher's Training will be held on July 2 on Zoom from 9am to 4:30pm. This training is for those serving at this year's Summer School of Truth and for any saints burdened for the next generation. For more details, please contact Aaron Chao.
- ✳ The Eastern Canada Summer School of Truth will be held from July 31 to August 5 at the Kitchener, Ontario Meeting Hall. The registration cost will be \$130, plus the gas cost of \$60, for a total of \$190 per person. The registration deadline is July 10. Please contact the YP serving ones for registration details.
- ✳ The July 2022 Semi-Annual Training will be held from July 4 to July 9 in Anaheim, California.
- ✳ Please consider your needs carefully before the Lord and provide us with your prayer burdens before Saturday of every week by sending an email to Allan Y., allan.yeow81@gmail.com. Please note that due to limited space in the newsletter, we may not be able to publish all prayer burdens that are sent to us. May the Lord teach us how to pray for the advancement of His Economy.

Upcoming Events

- ✳ July 4-9, Anaheim: **Summer Semi-Annual Training.**
- ✳ July 31 to August 5, Kitchener, ON: **The Eastern Canada Summer School of Truth.**
- ✳ October 6-8, Anaheim: **International Training for Elders and Responsible Ones.**

Please refer to the church's website where more events are listed.

This Week's Activities

Sunday June 12 LORD'S DAY	✳ 10am-12pm: Lord's Table and prophesying meetings.
Monday June 13	✳
Tuesday June 14	✳ 7:30pm-9pm: Prayer meetings by district (English, French and Chinese) by conference calls.
Wednesday June 15	✳
Thursday June 16	✳
Friday June 17	✳ 6:30pm-9pm: Home meetings by district (English, French and Chinese) on Zoom.
Saturday June 18	✳ -
Sunday June 19 LORD'S DAY	✳ 10am-12pm: Lord's Table and prophesying meetings.

prevail for an hour, but after two hours you will feel tired, and after another hour your hand will no longer obey you. Eventually, you will let go of it. Gravity never tires out, but your hand does. The law of gravity is pulling the book down continuously, every hour, every minute, and even every second. Your hand cannot fight against the law of gravity forever. The longer you hold the book, the heavier it feels. The book has not become heavier, but the law of gravity has triumphed over the power of your hand, and you feel as if the book has become heavier and heavier. The same principle applies when you try to overcome sin with your will. The will can stand against sin for a while. But the power of sin far exceeds the power of the will. Sin is a law; it is not destroyed by the resistance of man's will. Whenever the power of the will slackens, the law of sin surfaces. The human will cannot persist forever, but the law of sin is always active. The will may prevail for a little while, but in the end, it will always be overcome by the law of sin.

Before we see that sin is a law, we keep trying to overcome it by our own will. When temptation comes, we hold our breath and try to overcome, only to find that it has overcome us instead. When temptation comes again, we make a stronger resolution because we think that our last failure was caused by a faulty resolution. We tell ourselves that we will not sin this time and that we will overcome. But the result is the same—we fail again. We do not know why our resolution cannot bring us victory over sin. We do not realize that overcoming sin by the will never works.

Note: The content is extracted from New Believer's Series: #15, *Deliverance*, by Watchman Nee, published by Living Stream Ministry, available at <http://www.ministrybooks.org/alphabetical.cfm>.

DELIVERANCE

Scripture Reading: Rom 7:15—8:2

II. MAN'S WILL BEING UNABLE TO OVERCOME THE LAW OF SIN

Paul failed because he exercised his will to make resolutions. After verse 21, Paul's eyes were opened. He saw that the enemy he was dealing with—sin—was nothing less than a law. When he saw that sin was a law, he could only sigh and say, "Wretched man that I am! Who will deliver me from the body of this death?" He realized that it was impossible for him to prevail over sin by his will.

What is the will? The will is man's own volition. It is what man wants, determines, and decides to do. It is man's opinions and judgments. Once a man's will resolves to do something, he begins to carry it out. Man's will can produce some power. Therefore, there is power in the will.

But herein lies the problem. When the will comes in conflict with the law of sin, which one prevails? The will usually prevails at the beginning, but ultimately sin prevails. Suppose you hold up a book that weighs one catty [a Chinese measure of weight] with your hand. Gravity is pulling it down while you are trying your best to hold it up. But the unceasing operation of the law of gravity will eventually prevail, and the book will fall to the floor. You may try to hold it up with your hand. You may