Please pray:

- Shepherding: As we are going into districts, it is important that none of the saints be left without a shepherd. We need to pray that each saint could be properly taking care of and that we would have an intimate concern for all the saints in the church, including the ones we don't know so well; that we would take the most excellent way of love in all our dealings with each other; that our hearts would be enlarged to embrace all the brothers and sisters, regardless of their condition; that we all would be transferred from our own personal universe, concerned just for our needs and interests, into the universe of the one new man.
- Prayer life: It is important for us to cultivate a proper prayer life in our daily lives both personally and corporately. Through such cultivation, we learn how to depend on the Lord in every situation and every decision. Our roots will grow deeper and spread wider as we spend time with the Lord in such a way. May the Lord give us such a desire to cultivate a proper prayer life; may He give us the desire to come together with the saints to pray for His interest on this earth.
- Districts in Montreal: The central district will eventually need a larger location to meet. Pray for the release of the meeting place most suitable to meet this need. Pray that the Lord would bless each district with increase in life and growth for His building as well as propagation.
- Regarding the Arabic-speaking work in German cities: There have been requests made by seeking Arabic speakers in nine German cities for shepherding visitations. Under the covering fellowship with the coworkers, we are planning to visit these cities in October and November, which will be followed by a gathering in December at Gut Elim. Please pray for their opening and the Lord's shining and dispensing into these ones, as well as the Lord blending them with the Body.
- Follow up on fall 2019 German Rhema readers seminar at Gut Elim (9/14-9/15): Four readers came to the seminar, but these four were the precious ones, who have gone from congregation to congregation for years because of their seeking. They thoroughly enjoyed all the meetings, meals, and fellowship with all the saints. Please pray for the continual shepherding of these new ones, and for the Lord to grant us wisdom in the Rhema seminars to come, to reach many more of these hungry and thirsty ones. As the Lord spoke, "Ask and it shall be given to you; seek and you shall find; knock and it shall be opened to you." May the Lord answer the prayers of so many of these seeking ones, by bringing them to future seminars, for the gaining of His own testimony in so many places in the land of antichrist.

Pray for various local needs, including saints in Montreal, contacts, and those in need of care and shepherding.

Weekly Readings

- Holy Bible Recovery Version with footnotes: Rev 18:9 20:
 15
- HWMR: Crystallization-study of Numbers (1), week 3

Announcements

- If you are attending the Moncton conference Oct 12-13, please register at https://forms.gle/ij98558P32VEVkA1A
- The 2020 Chinese gospel calendar sign up is now open. Please sign up in the bookroom. Deadline is Oct 27, 2019.
- The December 2019 Semiannual Training will be held in Anaheim, California, from December 23 to 28. register and the registration deadline is November 1, 2019. Please note that there will be no late registration for the December 2019 Semiannual Training. Please register with sister Monica by October 27th.
- There will be a conference in London, ON from October 11-14, 2019. Translation will be available in Spanish and Chinese. Please register with the brothers in your district if you are interested in attending.
- Church in Antigua: The church in Antigua has been building on their own meeting hall for 10 years now. They would like the meeting hall to be finished soon because they have a lot of children and the section that needs to be finished is the children's room. They still need an amount of \$50,000 UDS to complete the work. Please pray for this burden in the body and give according to the Lord's leading. If you would like to give for this need, please contact brother Martin P. The Antigua conference is Oct 25-27, and there will be translation into French.
- Library serving ones are needed to help with new library. Talk to Monica or Phaik Keen if you are interested in serving.
- Piano service: if anyone is able to play the piano, please consider serving. There is an urgent need for serving ones.

Lord's Day Lunch Serving and Cleaning Schedule

29 Sep	Serving: Chinese Central (賈筱榮) Cleaning: English West, Chinese West, Chinese North and Young People (John Y., Boy, Jun and Aaron Co responsible)
6 Oct	Serving: Chinese South (陳世山, 劉學成…) Cleaning: Chinese East 3 and Chinese Central 1 (Huiqiang and Gary Chen responsible)
13	Serving: Chinese East (陳劉淑真) Cleaning: French (Achille, Allan responsible)

20*	*District Meeting
	Serving: French (Julie)
	Cleaning: Chinese East 1 and 2 (Xie and John
	responsible)

Upcoming Events

- ♦ Nov 8 10, Toronto, ON: The Canada Brothers
 Conference
- Nov 22-24 Toronto, ON: Eastern Canada Young People Conference
- ⊗ Nov. 28 Dec 1, Houston, TX: Thanksgiving Conference
- Dec 23 28, Anaheim, CA: Winter Training The church website lists more events

This Week's Activities

29	₩	10am- 12pm Lord's Table &
September		Prophesying meetings
LORD'S DAY	₩	12:15pm - 1:30pm: Love Feast
30	₩	
Monday		
1	₩	7:30-9:00pm: English/French/Chinese
October		prayer meetings by districts
Tuesday		
2		
Wednesday	₩	
3	₩	
Thursday		
4	₩	6:30-9:00pm: Various Home Meetings
Friday		(English/French/Chinese)
5	₩	
Saturday		
6	₩	10am- 12pm Lord's Table &
October		Prophesying meetings
LORD'S DAY	₩	12:15pm - 1:30pm: Love Feast

THE BODY OF CHRIST

Scripture Reading: Eph. 1:23; 4:11-13; 5:29-30; Gen. 2:21-24; 1 Cor. 10:16-17; 12:12-30; Rom. 12:4-8

II. THE CHURCH BEING ONE IN THE HOLY SPIRIT

First Corinthians 12:12-13 says, "For even as the body is one and has many members, yet all the members of the body, being many, are one body, so also is the Christ. For also in one Spirit we were all baptized into one body, whether Jews or

Greeks, whether slaves or free, and were all given to drink one Spirit."

We have seen that the church comes out of Christ. Now we want to see how the church is one in the Holy Spirit.

The church comes out of Christ. This speaks of its origin. Every Christian possesses a new life. The one life of Christ has become millions of Christians. John 12 speaks of a grain of wheat which falls into the ground and dies and bears much fruit. All the grains which are produced from the one grain have the same essence as the original grain. One grain has become many grains, and the many grains come out of that one grain. How then can the many Christians who possess the same life become the one Body of Christ? This is where the work of the Holy Spirit comes in. The one Christ has become millions of Christians. Now the Holy Spirit baptizes these millions of Christians into one Body. This is the fundamental teaching recorded in 1 Corinthians 12:12-13. The Body is one, yet it is composed of many members. How can the many members become one Body? "In one Spirit we were all baptized into one body." In other words, this Body comes into being through baptism. Through baptism in the Spirit, the many Christians are immersed into one Body. Every Christian is like a piece of stone hewn out of a big rock. The Holy Spirit is like the cement which cements the stones back together to become one rock.

The Body of Christ has two basic principles: First, apart from that which comes out of Christ, there is no Body of Christ; second, apart from the operation of the Holy Spirit, there is no Body of Christ. There must first be the baptism of the Spirit and the infilling of the Spirit; God's children must all be baptized by the Spirit in order to become the Body. This was what happened at Pentecost in Acts 2. Many had received the Lord's life and had become His many members. Then the Lord baptized these many members through the Holy Spirit into one Body. Those who know the Lord and the Holy Spirit also will know this one Body. There are many members in the human body, but the head rules over them all through the nerves. Likewise, the Head of the church joins the many members into one Body through the Holy Spirit.

Note: The content is extracted from New Believers Series: #24, The Body of Christ by Watchman Nee, published by Living Stream Ministry, available at http://www.ministrybooks.org/alphabetical.cfm.