Please pray:

- Laval: May we continue to pray for this land; that the Lord may continue to shepherd the contacts in their situations; may the Lord gain a proper testimony in the city of Laval according to His timing.
- GTCA (Jan 26 Feb 12): Pray for Ottawa/Montreal, Kitchener/Guelph, Hamilton/St. Catharines, Windsor, and in the west coast, Lethbridge, Alberta; pray that the Lord will prepare these lands to be harvested; pray for the FTTA trainees who will join us in these cities for contacting new ones; pray that many saints will be able to cooperate with the Lord in this move in going, in praying and in shepherding the contacts; pray that the Lord will gain what He is after in these cities through this move.
- Israel: Please remember those saints who have migrated to Israel over the past few years, that they could find adequate employment with time free to enter fully into the church life for the sake of the Lord's testimony in Israel.
- New university school semester: Please pray that the Lord would attract new ones to attend the Bible studies, meetings and activities; pray that the contacts that we have contacted through tabling will be shepherded; pray that the Lord would add some remaining fruit to the church life.
- Montreal districting: Please pray that each saint will be taken care of through districting; that each saint will have a shepherd to nourish and cherish them; that each saint be burdened to function according to their measure; pray that the Lord will gain what He is after in the districting.
- Pray for various local needs, including saints in Montreal, contacts, and those in need of care and shepherding.

Weekly Readings

- Holy Bible Recovery Version with footnotes: 1 Cor 15:1 -16:24 (see website for daily schedule)
- HWMR: Crystallization study of Ezekiel, Vol 3, weeks 14 and 15

Announcements

Sisters, please remember that TODAY at 1:30pm there will be 1 special message for sisters! All sisters are welcome. Brothers are responsible to care for the children. Don't forget to make any transportation arrangements before 1:30 so all sisters can attend the meetings. Bro. Minoru Chen will be speaking to the sisters in Richmond, BC and we will get to participate by listening to the messages. May the Lord bless this time for the sisters.

Please renew or sign-up for the HWMR subscription for 2018. If you have not yet paid your district serving one, please pay right away to your district serving one who gives you HWMR. It is due latest the end of Jan. If there is any financial concern, please fellowship with your serving one before the end of Jan. regarding any arrangement needed.

Lord's Day Lunch Serving and Cleaning Schedule

Jan		Serving: Chinese East
		· · · · · · · · · · · · · · · · · · ·
21	₩	Cleaning: Whole meeting hall cleaning
28	₩	Serving: Chinese North
		Cleaning: English West, Chinese West and
		Young People (John Y., Boy, Aaron Cha.
		responsible)
Feb	₩	Serving: English A
4	⇔	Cleaning: Chinese North and Chinese Central
		1 (Jun, Gerry Chan responsible)
11	₩	Serving: English B
	₩	Cleaning: Chinese East (Xie, Guorong
		responsible)

Upcoming Events

- Feb 23 25, Montreal, QC: Working saints conference
- Apr 13-15, Anaheim, CA: Spring ITERO

The church website lists more events

This Week's Activities

21	₩	10am – 12:15pm: Lord's table and
JANUARY		prophesying meeting
LORD'S DAY	₩	12:15pm – 1:30pm: Love feast
	₩	1:30pm: Lessons for sisters
22	₩	•
Monday		
23	₩	7:30-9:00pm: English/French/Chinese
Tuesday		prayer meetings by districts
24		
Wednesday	₩	
25	₩	
Thursday		
26	₩	Various home meetings (English / French /
Friday		Chinese)
27	₩	
Saturday		
28	₩	10am – 12:15pm: Lord's table and
J ANUARY		prophesying meeting
LORD'S DAY	₩	12:15pm – 1:30pm: Love feast
		·

DELIVERANCE

Scripture Reading: Rom. 7:15—8:2

III. THE LAW OF THE SPIRIT OF LIFE FREEING US FROM THE LAW OF SIN (continued)

Hence, victory over sin has nothing to do with our effort. We did not exert any effort when the law of sin directed us to sin. Similarly, we do not need to exert any effort in order for the law of the Holy Spirit to free us from sin. Genuine victory is one that requires no effort on our part. There is nothing for us to do. We can lift up our eyes and say to the Lord, "All is well." Our past failures were the result of a law and today's victories are also a result of a law. The former law is powerful, but the present law is more powerful. The former law is indeed potent in bringing us to sin, but the present law is more absolute in saving us from condemnation. When the law of the Spirit of life is expressed through us, its power is far greater than that of the law of sin and of death.

If we see this, we will truly be freed from sin. The Bible does not say that we can overcome sin with our will. It speaks only of freedom from sin: "The law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death." The law of the life-giving Spirit has pulled us out of the realm of the law of sin and of death. The law of sin and of death is still present, but the one on whom it worked is no longer there.

Every saved person should be clear about the way to deliverance. First, we must see that sin is a law in us. If we do not see this, we cannot go on. Second, we need to see that the will cannot overcome the law of sin. Third, we need to see that the Holy Spirit is a law, and this law frees us from the law of sin.

The sooner a new believer realizes this way of deliverance, the better it is. In fact, no one needs to wait for many years before seeing the way of deliverance. You do not need to suffer many hardships before experiencing freedom. Many brothers and sisters have wasted their time unnecessarily; they have shed many tears of defeat. If you want to experience less pain and tears, you should realize from the start that the way to deliverance lies in these words: "The law of the Spirit of life has freed me in Christ Jesus." This law is so perfect and powerful that it will save you to the uttermost; there is no need to do anything to help it. This law frees you from sin completely, sanctifies you wholly, and fills you with life spontaneously.

Brothers and sisters, do not think that the Holy Spirit within us only expresses His life through us occasionally. If we think this way, it proves that we only know the Spirit; we do not know the law of the Spirit. The law of the Spirit expresses His

life continuously. It remains the same at all times and in all places. We do not have to tell this law to behave in a certain way; it behaves the way it does without our guidance. Once the Lord opens our eyes, we will see that the treasure within is not just the Holy Spirit or a life, but a law as well. Then we will be released, and the problem of sin will be over.

May God open our eyes to see this way of deliverance. May He open our eyes to see this secret to victory, and may we have a good start on this straight path.

Note: The content is extracted from New Believers Series: #15, Deliverance by Watchman Nee, published by Living Stream Ministry, available at http://www.ministrybooks.org/alphabetical.cfm.