Please pray:

- Canada brothers meeting in Richmond, BC, Nov 11-13: that the Lord would use this conference to blend the brothers all over Canada together, to speak to the churches and to advance forward in Canada.
- Tel Aviv: Stand with the saints in Tel Aviv for the increase and spread of Christ for the building up of the church. There are six students on three campuses. We pray for the gospel to reach others through these young channels.
- College students in Montreal: That the college students would learn how to depend on the Lord during their midterms and assignments. That they would have the desire to come to the bible studies and college meetings despite their busy schedule. Also pray for the building up of the core college saints who are meeting together every Monday to pray and coordinate for the campus work.
- Laval: to gain and strengthen the families for the Lord's move; for increase in life and numbers for the weekly Bible study; that the Lord's name be sanctified in Laval and that He gain remaining fruit.
- Pray for various local needs, including saints in Montreal, contacts, and those in need of care and shepherding.

Weekly Readings

- Holy Bible Recovery Version with footnotes: Deut 14:22 23:25 (see website for daily schedule)
- HWMR:Crystallization study of Exodus, Vol 5, week 28
- Life-Study of Ephesians: Messages 80
- Announcements

₿

Lord's Day Lunch Serving and Clean-up Schedule

November	⇔	Serving: English A
6	⇔	Cleaning: All groups
13	₿	Serving: English B
	⇔	Cleaning: English West, Chinese West
		and Young People (John Y., Boy,
		Aaron Cha. responsible)
20	₿	Serving: Chinese Central 1
	₿	Cleaning: Chinese North and Chinese
		Central 1 (Jun, Gerry Chan
		responsible)
27	₿	Serving: Chinese South B
	⇔	Cleaning: Chinese East (Xie, Guorong
		responsible)
Upcoming Ev	/ents	

Nov 24 - 27, San Jose, CA, USA: International Thanksgiving conference

Dec 26 – 31, Anaheim, CA : Winter training The church website lists more events

This Week's Activities

6	⇔	10am – 12:15pm: Lord's table and
NOVEMBER		prophesying meeting
LORD'S DAY	⇔	12:15pm – 1:30pm: Love feast
7		
Monday		
8	₿	7:30-9:00pm: Chinese / West English
Tuesday		prayer meetings by districts
9	⇔	7:30pm-9:00pm: Central
Wednesday		English/French prayer meeting
10	⇔	
Thursday		
11	⇔	Various home meetings (English /
Friday		French / Chinese)
12	⇔	
Saturday		
13	₿	10am – 12:15pm: Lord's table and
NOVEMBER		prophesying meeting
LORD'S DAY	₿	12:15pm – 1:30pm: Love feast

READING THE BIBLE

Scripture Reading: 2 Tim. 3:15-17; Psa. 119:9-11, 15, 105, 140, 148

III. DIFFERENT WAYS TO READ THE BIBLE

A. Meditating on the Word during the First Period of Time (continued)

I began therefore to meditate on the New Testament from the beginning, early in the morning. The first thing I did, after having asked in a few words the Lord's blessing upon his precious word, was, to begin to meditate on the word of God, searching as it were into every verse, to get blessing out of it; not for the sake of the public ministry of the word, not for the sake of preaching on what I had meditated upon, but for the sake of obtaining food for my own soul. The result I have found to be almost invariably this, that after a very few minutes my soul has been led to confession, or to thanksgiving, or to intercession, or to supplication; so that, though I did not, as it

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were, give myself to prayer, but to meditation, yet it turned almost immediately more or less into prayer. When thus I have been for a while making confession, or intercession, or supplication, or have given thanks, I go on to the next words or verse, turning all, as I go on, into prayer for myself or others. as the word may lead to it, but still continually keeping before me that food for my own soul is the object of my meditation. The result of this is, that there is always a good deal of confession, thanksgiving, supplication, or intercession mingled with my meditation, and that my inner man almost invariably is even sensibly nourished and strengthened, and that by breakfast time, with rare exceptions, I am in a peaceful if not happy state of heart. Thus also the Lord is pleased to communicate unto me that which, either very soon after or at a later time, I have found to become food for other believers, though it was not for the sake of the public ministry of the word that I gave myself to meditation, but for the profit of my own inner man...

And yet now, since God has taught me this point, it is as plain to me as anything, that the first thing the child of God has to do morning by morning is, to obtain food for his inner man. As the outward man is not fit for work for any length of time except we take food, and as this is one of the first things we do in the morning, so it should be with the inner man. We should take food for that, as every one must allow. Now what is the food for the inner man? Not prayer, but the word of God; and here again, not the simple reading of the word of God, so that it only passes through our minds, just as water runs through a pipe, but considering what we read, pondering over it, and applying it to our hearts. When we pray, we speak to God. Now, prayer, in order to be continued for any length of time in any other than a formal manner, requires, generally speaking, a measure of strength or godly desire, and the season, therefore, when this exercise of the soul can be most effectually performed is after the inner man has been nourished by meditation on the word of God, where we find our Father speaking to us, to encourage us, to comfort us, to instruct us, to humble us, to reprove us. We may therefore profitably meditate, with God's blessing, though we are ever so weak spiritually; nay, the weaker we are, the more we need meditation for the strengthening of our inner man. There is thus far less to be feared from wandering of mind than if we give ourselves to prayer without having had previously time for meditation. I dwell so particularly on this point because of the immense spiritual profit and refreshment I am conscious of having derived from it myself, and I affectionately and solemnly beseech all my fellow-believers to ponder this matter. By the blessing of God I ascribe to this mode the help and strength which I had had from God to pass in peace through deeper

trials, in various ways, than I had ever had before; and after having now above fourteen years tried this way, I can most fully, in the fear of God, commend it...

How different, when the soul is refreshed and made happy early in the morning, from what it is when, without spiritual preparation, the service, the trials, and the temptations of the day come upon one!— George Müller, Autobiography of George Müller, the Life of Trust, 1861, reprinted 1981, pp. 206-10.

Note: The content is extracted from New Believers Series: #9, Reading the Bible by Watchman Nee, published by Living Stream Ministry, available at http://www.ministrybooks.org/alphabetical.cfm.