Please pray:

- National College Training in Urbana-Champaign, USA, July 12-18: for revelation, consecration and building up of over 1,800 registrants from the US, Canada and Europe; that the Lord may gain an entire generation of age turners from the training.
- Israel: that the Lord would gather the saints in the Galilee to practice the church life; for shepherding of the collegeage saints and provision of a gathering place for them on Friday evenings; that the heavens might rule over the political situation in the Middle East for the sake of His move.
- Maritimes: for strengthening and building up of the church in Halifax; that saints might visit and migrate to strengthen the church in Halifax; that the Lord would raise up and shepherd contacts throughout the Atlantic provinces, and that new churches would eventually be raised up.
- Districts in Montreal: that the Lord might lead us as He multiplies us into various district meetings; for a clear and controlling vision of the oneness of the Body of Christ; genuine blending between the saints in the districts regardless of language; the Lord's burden and blessing for the propagation of the gospel of the kingdom in each of our neighbourhoods; a way to provide proper spiritual care for our children in the districts.
- Renovations: completion of the work to maintain and improve our meeting hall; fellowship and building up of saints through the labour of renovation; financial provision for the renovations.
- Pray for various local needs, including saints in Montreal, contacts, and those in need of care and shepherding.

Weekly Readings

- Holy Bible Recovery Version with footnotes: Rev 2:12 3:9
- HWMR: The Vision, Practice, and Building Up of the Church as the Body of Christ, week 8
- Life-Study of Ephesians: Messages 12

Announcements

- We need help with lunch preparation during the weekdays for those serving in renovations. If you are burdened to help with this need, please contact Emily.
- On Saturday, July 25, in conjunction with the Gaspé gospel trip, there will be a bible distribution during the day followed by a love feast and a bible seminar in the evening. All saints are encouraged to participate in the distribution.

To prepare for this, **there will be a service meeting held today (July 12)** to fellowship on all the details.

- Schedule for the Chinese video training (held in the meeting hall):
 - Saturday August 8: Message 1 at 2:30 pm, Message 2 at 4:30 pm, Message 3 at 7 pm
 - Lord's day August 9: Message 4 at 11 am, Message 5 at 1:45 pm
 - Tuesday August 11: Prayer meeting at 7:30 pm, Message 6 at 7:55 pm
 - $\circ\,$ Saturday August 15: Message 7 at 2:30 pm, Message 8 at 4:30 pm, Message 9 at 7 pm
 - Lord's day August 16: Message 10 at 11 am, Message 11 at 1:45 pm
 - Tuesday August 18: Prayer meeting at 7:30 pm, Message 12 at 7:55 pm

Lord's Day Lunch Serving and Clean-up Schedule

July	蟓	Serving: Central Chinese 1	
12	\$	Cleaning: East + South	
19	₿	Serving: Central Chinese 2	
	₿	Cleaning: Whole meeting hall cleaning	
26	₿	Serving: South Chinese B	
	⇔	Cleaning: North + West	
August	₿	Serving: French / Spanish	
2	⇔	Cleaning: Central	

Upcoming Events

- July 12-18, Urbana-Champaign, USA: National College Training
- July 25, Montreal: BFC distribution and seminar
- ✤ July 27–Aug 1, BFC Gaspé Gospel Trip
- August 9-14, Upper Canada Camp, ON: Summer School of Truth

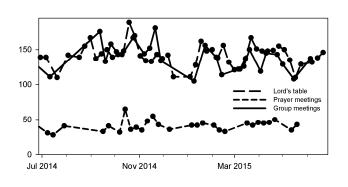
More events are listed on the church website

This Week's Activities

12 June	₿	9–10:20 am: Perfecting Training Message 5	
LORD'S DAY	⇔	10:30–11am: Lord's table	
	₿	11am–12:30pm Perfecting Training	
		overview and summary	
	⇔	12:30pm – 1:30pm: Love feast	
13	⇔		
Monday			
14	₿	7:30-9:00pm: Chinese / West English	
Tuesday		prayer meetings by districts	
15	₿	7:30pm-9:00pm: Central	
Wednesday		English/French prayer meeting	

16	\$			
Thursday				
17	🕸 Various home meeting	s (English /		
Friday	French / Chinese)			
18	\$			
Saturday				
19	10am – 12:15pm: Lord's table and			
JUNE	prophesying meeting	prophesying meeting		
LORD'S DAY	12:15pm – 1:30pm: Love feast			

Attendance Statistics



Separation from the World

Scripture Reading: Exo. 10:8-11, 21-26; 12:6-11, 37-42; 2 Cor. 6:17

III. COMING OUT FROM THEIR MIDST TO BE WELCOMED BY THE ALL-SUFFICIENT LORD

Please remember that everyone who feels welcomed by the Lord is separated from the world. Many people do not feel the excellency of the Lord when they come to Him because they have not counted all things as refuse. Those who have not counted all things as refuse surely consider earthly things precious. Such people do not know what it means for God to welcome them; they do not know what it means for God to be their Father and for them to be God's children. They do not know that the One who spoke these words is the allsufficient Lord. Can you see the special significance of the word shadai? The words Lord Almighty are used here because when a person has cast away everything, he needs God as the Shadai; he needs a Father who is all-sufficient.

Psalm 27:10 tells us that if our father and mother forsake us, Jehovah will take us up. In other words, He becomes our father. Psalm 73:26 says that when our flesh and our heart fail, God is the rock of our heart and our portion forever. Herein lies the sweetness of our experience. There must be loss on one side before there can be gain on the other side. The blind man met the Lord only after he was cast out of the synagogue (John 9:35). If we remain in the synagogue, we will never meet the Lord. But when we are cast out, we see the Lord's blessing upon us immediately.

As new believers we must come out from the world. Only then will we taste the Lord's sweetness. Once we drop something on one side, we will taste the goodness of the Lord on the other side.

Note: The content is extracted from New Believers Series: #3, Separation from the world by Watchman Nee, published by Living Stream Ministry, available at http://www.ministrybooks.org/alphabetical.cfm.