

## Pray for:

- ✿ Summer School of Truth in Ancaster, ON (August 12 to 19).
- ✿ Full-time training: That the Lord would perfect young and middle-aged saints in trainings around the world for the uplifting of the church life; for Montreal trainees in Anaheim and Taipei.
- ✿ Europe: Follow-up of Rhema contacts throughout Europe
- ✿ The growth in life and character and building up of the saints who live in the brothers' and sisters' houses.
- ✿ Follow-up and shepherding of contacts from recent Bible distributions in London and in Montreal.
- ✿ Pray for various local needs, including saints in Montreal, contacts, and those in need of care and shepherding.

## Weekly Readings

- ✿ Holy Bible Recovery Version with footnotes: Luke 5:27-7:50
- ✿ HWMR: Crystallization Study of the Book of Psalms, vol. 3, week 18

## Announcements

- ✿ There will be a conference in Israel from November 15-17. There is also a tour of Israel from November 8-15, with the option of a tour to Jordan from November 18-20. Registration deadline for housing at the conference is October 15. See [www.ijtravelinIsrael.com](http://www.ijtravelinIsrael.com) for tour information.

## Lord's Day Lunch Serving and Clean-up Schedule

August 12 ✿ Serving: West Chinese  
✿ Cleaning: French, Spanish

19 ✿ Serving: North Chinese  
✿ Cleaning: Chinese District Two

26 ✿ Serving: South Chinese  
✿ Cleaning: English

Sep 2 ✿ Serving : English B  
✿ Cleaning: Chinese District One  
✿ Hall Cleaning

## Upcoming Events

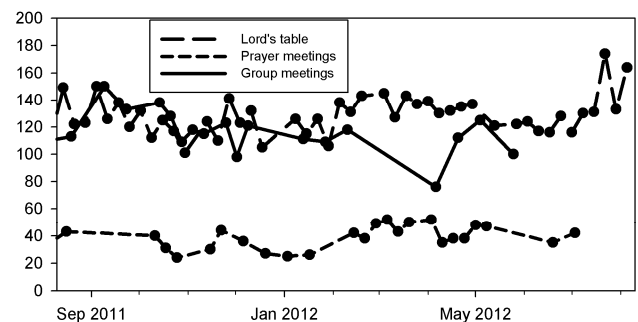
- ✿ Aug. 12-19, Ancaster: **Eastern Canada's Summer School of Truth**
- ✿ Aug. 18 to Sept. 1, Montreal: **Chinese video training**
- ✿ Sep 22-23, Bussigny, Switzerland: International conference

- ✿ Nov. 15-17, Karei Deshe, Israel: **Fall conference**  
*More events are listed on the church website*

## This Week's Activities

<b>AUGUST 12</b>	✿ 10 – 12am, Meeting hall: Lord's table
	✿ 12:30–1:30pm, Meeting hall: Love feast
<b>LORD'S DAY</b>	
<b>13 Monday</b>	✿
<b>14 Tuesday</b>	✿ 7:30pm: District prayer meetings at various homes
<b>15 Wednesday</b>	✿ 10am-12pm: Chinese ministry book pursuing meeting
<b>16 Thursday</b>	✿
<b>17 Friday</b>	✿ Various home meetings (English / French / Chinese)
<b>18 Saturday</b>	✿ 4pm-9pm, Meeting Hall : Chinese Video Training

## Attendance Statistics



## Deliverance

Scripture Reading: Rom. 7:15- 8:2

### III. *The Law of the Spirit of Life Freeing Us from the Law of Sin*

Suppose someone scolds you or strikes you without cause. It is possible for you to overcome the situation even without realizing what has happened. After the whole thing is over, you may wonder how you did not get angry when you were scolded. You should have been very angry at the other person's word. But surprisingly you overcame the situation without even realizing it! Indeed, all victories are unconscious victories because the law of the Holy Spirit is operating and upholding us, not our own will. This kind of spontaneous victory is

genuine victory. Once you experience this, you will realize that only the indwelling Spirit can keep you from sin; you do not have to will not to sin. It is also the indwelling Holy Spirit who is enabling you to overcome; you do not have to will to overcome. Since this law dwells in you, you are delivered from the law of sin and of death. You are in Christ Jesus, and the law of the Spirit of life is in you. Spontaneously, you are free. As long as you do not rely on your own will and effort, the Holy Spirit will bring you into victory.

Hence, victory over sin has nothing to do with our effort. We did not exert any effort when the law of sin directed us to sin. Similarly, we do not need to exert any effort in order for the law of the Holy Spirit to free us from sin. Genuine victory is one that requires no effort on our part. There is nothing for us to do. We can lift up our eyes and say to the Lord, "All is well." Our past failures were the result of a law and today's victories are also a result of a law. The former law is powerful, but the present law is more powerful. The former law is indeed potent in bringing us to sin, but the present law is more absolute in saving us from condemnation. When the law of the Spirit of life is expressed through us, its power is far greater than that of the law of sin and of death.

If we see this, we will truly be freed from sin. The Bible does not say that we can overcome sin with our will. It speaks only of freedom from sin: "The law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death." The law of the life-giving Spirit has pulled us out of the realm of the law of sin and of death. The law of sin and of death is still present, but the one on whom it worked is no longer there.

Every saved person should be clear about the way to deliverance. First, we must see that sin is a law in us. If we do not see this, we cannot go on. Second, we need to see that the will cannot overcome the law of sin. Third, we need to see that the Holy Spirit is a law, and this law frees us from the law of sin.

The sooner a new believer realizes this way of deliverance, the better it is. In fact, no one needs to wait for many years before seeing the way of deliverance. You do not need to suffer many hardships before experiencing freedom. Many brothers and sisters have wasted their time unnecessarily; they have shed many tears of defeat. If you want to experience less pain and tears, you should realize from the start that the way to deliverance lies in these words: "The law of the Spirit of life has freed me in Christ Jesus." This law is so perfect and powerful that it will save you to the uttermost; there is no need to do

anything to help it. This law frees you from sin completely, sanctifies you wholly, and fills you with life spontaneously.

Brothers and sisters, do not think that the Holy Spirit within us only expresses His life through us occasionally. If we think this way, it proves that we only know the Spirit; we do not know the law of the Spirit. The law of the Spirit expresses His life continuously. It remains the same at all times and in all places. We do not have to tell this law to behave in a certain way; it behaves the way it does without our guidance. Once the Lord opens our eyes, we will see that the treasure within is not just the Holy Spirit or a life, but a law as well. Then we will be released, and the problem of sin will be over.

May God open our eyes to see this way of deliverance. May He open our eyes to see this secret to victory, and may we have a good start on this straight path.

**Note:** The content is extracted from *New Believers Series: #15 Deliverance by Watchman Nee*, published by Living Stream Ministry, available at <http://www.ministrybooks.org/alphabetical.cfm>.