

Pray for:

- ✿ NT and literature distribution during the Olympic Games and torch relay (May 19 to 12 Aug): That the Lord will break through in gaining local British for His testimony; the ministry will of the age reach the Lord's seekers and be brought to countries all over the earth; 100,000 NT Recovery Versions will be distributed in over 15 languages.
- ✿ Children's camp in Ste-Adèle (August 7 to 10)
- ✿ Summer School of Truth in Ancaster, ON (August 12 to 19).
- ✿ The raising up of the Lord's testimony in major cities in Europe, including Lisbon, Portugal; Krakow, Poland; Budapest, Hungary; Vienna, Austria; Rome, Italy; Sofia, Bulgaria; Thessaloniki, Greece; and Hamburg, Frankfurt, and Munich, Germany
- ✿ Follow-up and shepherding of contacts from Bible distribution
- ✿ Pray for various local needs, including saints in Montreal, contacts, and those in need of care and shepherding.

Weekly Readings

- ✿ Holy Bible Recovery Version with footnotes:
Lev 27:1- Num 6:27
- ✿ HWMR: Crystallization Study of the Book of Psalms, vol. 3, week 17

Announcements

Lord's Day Lunch Serving and Clean-up Schedule

August 5	✿ Serving: East Chinese ✿ Cleaning: Chinese District One
12	✿ Serving: West Chinese ✿ Cleaning: French, Spanish
19	✿ Serving: North Chinese ✿ Cleaning: Chinese District Two
26	✿ Serving: South Chinese ✿ Cleaning: English

Upcoming Events

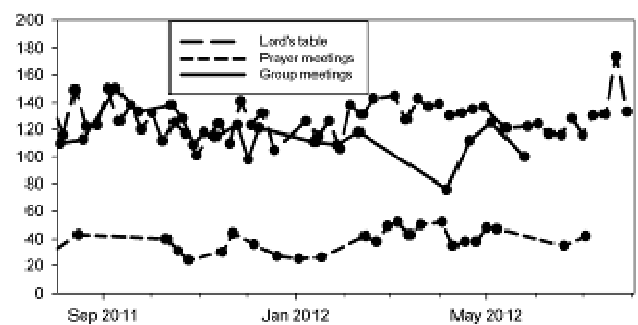
- ✿ May 19 – Aug. 12, London, UK: **New Testament and literature distribution**
- ✿ Aug.5, Montreal: 7 p.m. **Chinese speaking serving brothers meeting** with brother Titus Lin
- ✿ Aug. 7 – 10, Montreal: **Children's Camp**
- ✿ Aug. 12-19, Ancaster: **Eastern Canada's Summer School of Truth**

- ✿ Aug. 18 to Sept. 1, Montreal: **Chinese video training**
 - ✿ Nov. 15-17, Karei Deshe, Israel: **Fall conference**
- More events are listed on the church website*

This Week's Activities

August 5 Lord's Day	✿ 10 – 12am, Meeting hall: Lord's table ✿ 12:30–1:30pm, Meeting hall: Love feast ✿ 7pm: Chinese speaking serving brothers meeting
6 Monday	✿
7 Tuesday	✿ 5:00pm: Start of children's camp ✿ 7:30pm: District prayer meetings at various homes
8 Wednesday	✿ 10am-12pm: Chinese ministry book pursuing meeting ✿ Children's camp
9 Thursday	✿ Children's camp
10 Friday	✿ Children's camp ✿ Various home meetings (English / French / Chinese)
11 Saturday	✿
12 Lord's Day	✿ 10 – 12am, Meeting hall: Lord's table ✿ 12:30–1:30pm, Meeting hall: Love feast

Attendance Statistics



Deliverance

Scripture Reading: Rom. 7:15- 8:2

III. *The Law of the Spirit of Life Freeing Us from the Law of Sin*

Romans 8:1-2 says, "There is now then no condemnation to those who are in Christ Jesus. For the law of

the Spirit of life has freed me in Christ Jesus from the law of sin and of death." The way to victory is to be freed from the law of sin and of death. This verse does not say, "The Spirit of life has freed me in Christ Jesus from sin and death." (I am afraid that many Christians think this way.) Rather, it says, "The law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death." Many Christians see the Spirit of life setting them free from only sin and death. They do not see the law of the Spirit of life freeing them from the law of sin and of death. It takes many years for some Christians to realize that sin and death are a law in them and that the Holy Spirit is another law in them. When the Lord opens their eyes, they will see that sin and death are a law and that the Holy Spirit is a law as well. The realization of the Holy Spirit as a law is a great discovery. When we realize that the life-giving Spirit is a law, we will jump up and exclaim, "Thank God, Hallelujah!" Man's will cannot overcome the law of sin, but the law of the Spirit of life has freed us from the law of sin and of death. Only the law of the Spirit of life can free man from the law of sin.

Once we realize that sin is a law, we will no longer try to do anything by our will. When God grants us mercy to see that the Holy Spirit is a law, we will experience a great change. Many people only see the Spirit of life giving us life. They do not see that the Holy Spirit is another law in us, and that we can be freed spontaneously from the law of sin and of death when we trust in this law. There is no effort involved for this law to deliver us from the other law. We do not need to will, to do anything, or to hold on to the Holy Spirit. We do not need to be that busy when the Lord's Spirit is in us. If we fear that the Lord's Spirit will not work in us unless we rush in to help Him in times of temptation, we have not seen the Spirit as a law within us yet. May we see that the Holy Spirit is a spontaneous law within us. The way of deliverance from sin is not through the exercise of the will. If we exercise our will, we will end up in failure. God has given us another law which spontaneously frees us from the law of sin and of death. The problem of one law can only be resolved by another law.

There is no effort involved when we try to overcome one law with another law. We have mentioned before that gravity is a law. It pulls every object down to the ground. But helium is a gas which is lighter than air. If we seal it in a tight balloon, the balloon will rise up. It will rise spontaneously; there is no need to fan it or support it by any force. As soon as we let go, the balloon will rise. The rising is a law, and we do not need to do anything about it. In the same way, no effort is involved when we deal with the law of sin and of death by the law of the Spirit of life.

Note: The content is extracted from *New Believers Series: #15 Deliverance* by Watchman Nee, published by Living Stream Ministry, available at <http://www.ministrybooks.org/alphabetical.cfm>.