

Pray for:

- ✿ The Lord's grace and shepherding of saints and contacts in Quebec City, Fredericton, and other recently contacted cities in Eastern Canada.
- ✿ Persian (Arabian) Gulf: Four local churches in Saudi Arabia, with small group meetings in two other cities; three churches in the United Arab Emirates (UAE); three churches in Qatar; churches in Oman and Kuwait; saints meeting in Bahrain; covering of all the saints in these Muslim countries where there are bans and severe restrictions on the propagation of the gospel; that typical Arabs will be prevalingly saved and gained for God's eternal purpose; that the Arab Spring might result in resurrection life and freedom of the gospel.
- ✿ French Caribbean (Guadeloupe and Martinique): Continued shepherding of over 30 contacts in these islands from a recent conference and visitations; the raising up of churches in these overseas provinces of France (just as Hawaii is to the USA).
- ✿ Meeting hall in Toronto: That the City might grant the building permit so that renovations can begin; finding a suitable construction company; repayment of the loan for the hall project; that the Lord might bless the hall to be used for the spiritual building up of the church.
- ✿ May the Lord have a way to encourage and guide the YP in practising spiritual companionship; The Lord's anointing and direction in caring for the YP to help shape their humanity to be proper vessels for the Lord; May the Lord add more serving ones to adequately shepherd our YP that they would grow in truth and life
- ✿ Pray for various local needs, including saints in Montreal, contacts, and those in need of care and shepherding.

Weekly Readings

- ✿ Holy Bible Recovery Version with footnotes: Matt 1:1 – 3:17
- ✿ HWMR: The Crucial Elements of the Bible, Week 1

Announcements

- ✿ The International Chinese speaking conference will be held in Taipei, Taiwan from January 25 to 26, 2012. There is also the church visiting from January 27 to 29. The registration deadline is November 30. Please register with Candy.
- ✿ The International Thanksgiving Weekend Conference will be held in San Jose, California from Thursday, November 24 through Lord's Day, November 27, 2011.

- ✿ We need volunteers for identifying and collecting content for the English, French and Chinese websites (see newsletter update for October 9). Interested saints should contact John Y.

Update on the Young People

We praise the Lord for His faithfulness in continuing to gather us together every Saturday afternoon for the YP meetings. We have been rotating our meetings in homes in the different districts – West Island, Verdun, NDG, and Central. This arrangement is more conducive to enjoying the Lord together in a more intimate, family setting, and having more blending with all the families and community saints. Recently, 2 young brothers joined us, and 1 new sister has expressed her desire to join the YP service. Thus we are now 17 YP (9B/8S) and 6/7 SOs who meet regularly. Since September, we have been alternating the pursuit of lessons from the 2011 SSoT with selected Bible portions/parables or topics.

The Lord has graciously added a few more serving ones to our Lord's Day service; we now have 15 SOs (9B/6S). Each LD, 3 SOs gather with the YP. In the last month, we have altered our pursuing material for this meeting. During this time, our focus is to join with the burden of the church and the Body. Thus, the SOs select one day's message of the HWMR for that week, one or two serving brothers present an opening word, and then we all study the portion and share our enjoyment. For 1 LD meeting, we all join the entire church's prophesying meeting (English and/or French) in order to blend with all the saints.

Last weekend, November 6th and 7th, we organised a blending trip to Ottawa. Twenty-one saints, (14YP – 9B/5S) left Montreal on Saturday morning, visited Ottawa's Parliament Hill and spent some time distributing tracts in that vicinity, before heading to their meeting hall for dinner, further fellowship, enjoyment and mutual encouragement. We enjoyed the Lord together with the saints during their Lord's Day meeting. We thank the Lord for the abundant supply in the Body.

Our hope and prayer is that the Lord would continue to work in the YP, to separate them and set them apart from everything common unto Himself, to love Him and be drawn to Him as the beautiful One, to be gained by Him to be those who would turn the age for His testimony and His move.

Lord's Day Lunch Serving and Clean-up Schedule

Nov	✿ Serving: South Chinese
20	✿ Cleaning: Chinese District Two
27	✿ Serving: English(B)
	✿ Cleaning: French, Spanish and College

	☼ Whole meeting hall cleaning
Dec 4	☼ Serving: Central Chinese 1 ☼ Cleaning: Chinese District One
11	☼ Serving: Central Chinese 2 ☼ Cleaning: English

Upcoming Events

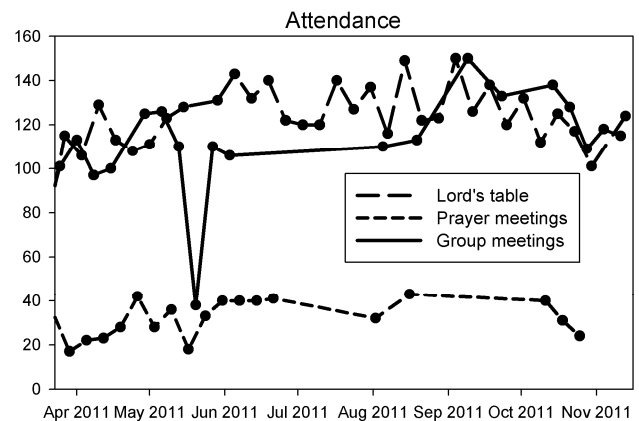
- ☼ Nov. 24–27, San Jose, California: **International Thanksgiving Weekend Conference**
- ☼ Dec. 2-3, Ste-Adèle: Montreal serving brothers' retreat
- ☼ Dec. 26-31, Anaheim, CA: **Winter Training**
- ☼ Jan. 25-26 2012, Taipei, Taiwan : **International Chinese speaking conference**

More events are listed at the church website

This Week's Activities

Nov 20 LORD'S DAY	☼ 10am – 12:30 pm, Meeting hall: Lord's table and prophesying meetings
	☼ 12:30pm – 1:30pm, Meeting hall: Love feast
21 Monday	☼ 2:00-4:00pm, Sidney's home: Campus coordination meeting
22 Tuesday	☼ 2:00-4:00pm, Pan's home: Campus coordination meeting ☼ 7:30pm: District prayer meetings at various homes
23 Wednesday	☼
24 Thursday	☼ 3:00-5:00pm, Meeting hall: Campus coordination meeting ☼ 7:00pm, Sisters House: College meeting
25 Friday	☼ 2:00-3:30pm, Dennis' home: Campus coordination meeting ☼ Various home meetings (English / French / Chinese)
26 Saturday	☼ 3pm – 5pm, Meeting Hall: Chinese speaking PRSP ☼ 3pm – 6pm, Young People Meeting

Attendance Statistics



Early Rising

Scripture Reading: S.S. 7:12; Psa. 57:8-9; 63:1; 78:34; 90:14; 108:2-3; Exo. 16:21

IV. THE PRACTICE OF EARLY RISING (continued)

A healthy person does not need more than eight hours of sleep. Do not think that you are an exception. Do not worry that early rising will affect your health. It may be your anxiety which is affecting your health. Many people love themselves too much and worry themselves to sickness. You may need ten or twelve hours of sleep if the doctor says that you are ill. But six to eight hours of sleep are sufficient for a normal person. However, do not go to the extreme. Maintain at least six to eight hours of sleep. We do not expect those who are sick to rise up early. If you are sick, it is all right for you to lie on your bed in the morning and read your Bible there. However, those who are not advised by doctors to stay in bed and who are not really sick should rise up early in the morning.

We hope those who are mature and weighty in the Lord will uphold this practice. The church should push the sluggard ones to go forward. They should be shaken up a little. We should usher the new believers into this great blessing. You should take every chance to ask the new ones, "What time do you get up every day?" After a few days, you have to ask them again, "What time did you get up this morning?" This kind of reminding should go on for at least a year into a person's initial Christian life. After a year, you may still need to ask, "Brother, what time do you rise up now?" Ask the new believers whenever you see them. You need to go to them and render them some help in this matter. However, if we have not learned the lesson well before the Lord, it will be hard for us to do this to others. This is why we must first learn this lesson well ourselves.

Note: The content is extracted from *New Believers Series #12*